



## TWO-DAY INTRODUCTORY WORKSHOP FOLLOWED BY INTENSIVE TRAINING MODULES

Completion of all components – workshop and the intensives – provides 100 hours toward Sandplay Therapy certification with both CAST and ISST

**2019  
Introductory  
Workshop**

November 23 – 24,  
(2 days – 12 hours)

**2020  
Introductory  
Workshop**

February 8-9,  
(2 days – 12 hours)

**2020  
Introductory  
Workshop**

March 14-15,  
(2 days – 12 hours)

**2020  
Introductory  
Workshop**

April 4-5,  
(2 days – 12 hours)

**Module 1**

June 13-17,  
**2020**  
(5 days)



**Module 2**

TBA,  
**Fall 2020**  
(5 days)

*“Often the hands will solve a mystery that the intellect has struggled with in vain”  
- CARL JUNG*

### INTERNATIONAL SOCIETY FOR SANDPLAY THERAPY (ISST)

ISST is affiliated with the International Association for Analytical Psychology (IAAP), recognizing Sandplay’s theoretical foundation in Jungian psychology.

visit [www.isst-society.com](http://www.isst-society.com)

### CANADIAN ASSOCIATION FOR SANDPLAY THERAPY (CAST)

CAST has been a National Society member of the International Society for Sandplay Therapy (ISST) since 1998. Our faculty is comprised of Teaching Members authorized by CAST and ISST to offer training, supervision and advising, leading to certification with ISST.

visit [www.sandplaycanada.ca](http://www.sandplaycanada.ca)

### CAST MEMBERSHIP BENEFITS

- Connecting with Canada’s Sandplay community
  - Discounts for training and conferences
  - Member newsletters
- NOTE: Ongoing membership in CAST is required for certification candidates.

### **Please note:**

- **No prior experience is required to attend the two-day workshop.**
- **Participation in the intensive modules requires completion of the two-day workshop as a prerequisite, unless there are exceptional circumstances.**
- **Completion of all components – workshop and the intensives – provides 100 hours toward Sandplay Therapy certification.**

## **TWO-DAY INTRODUCTORY WORKSHOP**

This workshop is intended for professionals already practicing in the field, offering an opportunity to learn the fundamentals of Jungian Sandplay Therapy.

Participants will:

- Learn the history and development of Sandplay Therapy founded by Dora Kalff and how it may differ from other approaches to sand and miniatures
- Be introduced to basic concepts of Jungian theory
- Engage experientially with miniatures, sand and water
- Review Sandplay case material
- Consider the role of the therapist in relation to Kalff's framework, the *Free and Protected Space*
- Discuss the Sandplay collection and practical aspects of the practice
- Learn about the certification process and requirements of the International Society for Sandplay Therapy (ISST), as provided by the Canadian Association for Sandplay Therapy (CAST).

After attending this 12-hour programme, participants can further their studies through application to CAST's intensive training program consisting of Modules 1, 2 and 3 outlined below. The 12 introductory training hours will count toward the required 100 hours of didactic training.

The additional components of certification are outlined on our website, and will be reviewed in detail during the workshop.

# TRAINING PROGRAM

All training seminars have three components: experiential, theoretical, and clinical. Experiential activities are used to teach the theory and principles of Kalffian sandplay, which are then elaborated in lectures and discussion. Clinical examples from case material, used with permission, illustrate sandplay dynamics in client process and within the therapeutic relationship.

Illustrative sandpictures are used to develop "seeing" skills that include bodily responses, evocation of memories, emotions, prior knowledge, and intuitive sense-making dynamics; and, subsequently, analysis and interpretation of pictures based on rational guidelines, amplification of symbolic material, and meaning for the client. This learning is integrated with an understanding of issues in the clinical practice of sandplay, emphasizing the central role of the therapist.

Throughout the training participants will write about their experience and develop awareness of their dynamic process with sandplay and their professionalism as a sandplay therapist. The program includes, but is not limited to:

## • History and development of sandplay

Major influences on Kalff; elements of sandplay in traditions of healing; therapist as a non-intrusive witness; silence/non-silence; the hands as knowers; observation strategies; cultural considerations.

## • Developmental psychology and its relation to sandplay

Emphasis on attachment dynamics, affect regulation and development of the self; developing a capacity for free-flowing play; psychological development as expressed through sandplay.

## • First sandpictures

Chaos and order; containment; ordering elements; movement and energy patterns; polarities in the tray; centering; looking for themes; what first pictures can tell us about the process.

## • Jungian psychology and sandplay

Relevant terms and dynamics; vertical and horizontal dimensions; inner and outer worlds; relational aspects; relationship of sandplay to other modalities for expression of unconscious material.

## • Symbols and symbolic process



The nature and role of archetypes in deep psychological work; personal and cultural associations to symbols.

## • The Mother archetype / the feminine and sandplay

Models of Jung, Neumann, and others; characteristics, imagery, and cultural examples.

## • The Father archetype / the masculine and sandplay

Models for understanding; personal and archetypal symbolism; cultural influences and attitudes.

## • Masculine and feminine

Relationship to Mother and Father archetypes; models of development; neuroscience, attachment and sandplay.

## • The Child archetype

Exploration of imagery; the different child archetypes; inner child; abandoned child; divine child.

## • The Self in sandplay, myth and fairytales

Self as organizing principle of the psyche; manifestations in sandplay, myths, and fairytales.

## SANDPLAY THERAPY

Dora Kalff developed Sandplay therapy, a psychotherapeutic approach for children and adults, in the late 1950s.

Through spontaneous imaginative play in trays of wet or dry sand, clients sculpt sand and place miniature figurines and objects to create three-dimensional scenes. In the “free and protected space” of the therapeutic environment, these sand pictures express and mediate between clients’ inner and outer worlds, and promote healing and wholeness.

Sandplay’s therapeutic effectiveness in working with childhood trauma has been documented in:

*Trauma Through a Child’s Eyes*, Peter Levine & Maggie Kline;

*Helping Abused and Traumatized Children*, Eiana Gil.



*“Sandplay is a form of active imagination... Even a single sandtray can have healing power... In the Sandplay process, one can often see order emerging from the chaos”*

- BRADWAY & MCCOARD

## INSTRUCTORS

**Maria Iosue and Olga Lipadatova co-teach Modules 1 and 2. Workshops may be taught by one or both instructors.**

### **Maria Iosue**

(MSW/RSW, MA Soc)

Certified Sandplay Therapist and Senior Teaching Member of CAST and ISST, and a registered clinical social worker. Currently in private practice in Toronto, she also offers personal Sandplay process to therapists in training. Maria provides mental health services in a southern Ontario hospital to children and families, where she integrates creative therapies, including Sandplay, into her practice. She has trained and supervised on Jungian Sandplay in Canada and internationally, and has written for the Journal of Sandplay Therapy. Maria has also been an Instructor at Ryerson University in a collaborative educational program for First Nations social work practitioners. She is a past president and board member of CAST.

maria@mariaiosue.ca

905.771.5211

### **Olga Lipadatova**

(PhD, ATR) Registered Psychotherapist with CRPO

CAST/ISST certified Sandplay Therapist, Supervisor and Teaching Member. Olga holds a Master’s degree in ART Therapy from the Creative Arts Therapies program at Concordia University, Montreal, Quebec. She is the recipient of a federal grant for her doctorate research at Concordia University with its focus on Sandplay Therapy. Since 2003, Olga worked in mental health and community organizations, and in private practice as a psychotherapist, Sandplay Therapist, and Art Therapist. She has published, presented at various national and international conferences. Olga teaches Sandplay Therapy and also provides supervision and Sandplay process to trainees in Canada and abroad.

olipa@arttherapyolipa.com

519.826.0876



# REGISTRATION

**Introductory Workshop: \$375**

**Cost of remaining modules:**

CAST Members **\$ 2,650** for both modules

Non Members **\$ 2,850** for both modules

Module 1: (includes one-time administrative fee \$50)

total payment: CAST Members \$1,375

Non-Members \$1,475

Module 2: (no administrative fee)

total payment: CAST Members \$1,325

Non-Members \$1,425

Includes morning and afternoon refreshments.

**Payment Information**

**Introductory Workshop:**

Full payment due on registration.

**Intensive Modules:**

\$200 deposit for each module, due on registration, plus one-time administrative fee \$50 at initial payment. **Remaining balance due 30 days prior to module start date.**

**Please pay in Canadian funds or equivalent.**

**Location**

Private practice offices

Toronto, Ontario

Lawrence Ave & Don Valley Parkway

**Accommodations**

Contact us about conveniently-located lodgings.

Complete registration **online** using the **CLICK HERE TO REGISTER** button. Payment may be made online with your registration, or it may be sent in the mail as indicated on the bottom of this page.

Cancellations received before balance owing dates are subject to a \$75 processing fee. Cancellations after balance owing dates can be refunded (less \$75 processing fee) only if your space can be filled.

Running of each program is conditional on sufficient registration, and will be confirmed within 30 days of the program start date.

Registration priority for training modules is given to participants committed to attending *both* modules. A deposit for Module 2 will be requested at the time of registration for Module 1.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov.: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Credentials or Training: \_\_\_\_\_

Current Practice: \_\_\_\_\_

For workshop or training payment by mail, complete this form and enclose cheque payable to CAST. Please do this after you have registered online, as noted above.

Mail to: Maria Iosue, 101 Sweeney Drive, North York, ON M4A 1T8